

## Water Readings

This is not a common way of reading someone psychically or intuitively but it's something that is fun, and also you may surprise yourself.

We leave a residue on everything we touch, so almost anything can be 'read'. Native American Indians used to diagnose illnesses by getting their patients to put their hands in a bowl of water for a while and then the 'doctor' would place his hands in the same water, and 'read' what was wrong with them.

- Fill a large bowl with distilled water, and ask your client to take a deep breath before placing their hands in the bowl. At this moment they may wish to concentrate on some issues that they may have and need resolving.
- Ask them to place their hands in the water and then move the water gently. They should keep their hands in the bowl between 30 seconds to a minute.
- Ask them to step away and dry their hands. It is now your turn. Take a deep breath and concentrate on relaxing.
- Place your hands in the bowl of water, and focus on what images are coming to you. Focus on any feelings that you are getting through your hands, any words that are put into your head and relay these to your client. Move your hands around gently in the water.

It takes a while to master this art, but it can be amazing the results you will get.

Another way of reading water, is by asking your client to drink half a glass of water and you 'read' the remaining water, as you would a crystal ball.

You will find that images will pop into your head and you may hear information for the clients.

These techniques are not for everyone but they are certainly fun to try.